

Student Success Coaching

Empowering Excellence

Success is often a continual path rather than an immediate solution - our coaches are here to help you work through the roadblocks and reach your goals.

FAQs

How do I know if coaching is right for me?

- Success Coaching is for students who are looking to improve in some area of their academic or personal lives.
- Coaching may be the right fit for you if you're open to experimenting with new ideas and partnering with a coach to create a goal-action plan personalized for you.

How do I schedule a coaching appointment?

- Visit [RCBC Success Coaching website](#) and click the "Schedule an Appointment" button.
- Once you fill out the Google Form, you'll be given a link to our coaching calendar to pick the time that works best for you.

How often can I meet with a coach?

- After your first appointment, you can schedule appointments with a coach weekly, biweekly, monthly, or on an as-needed basis.

Should I have more than one coaching appointment?

- The number of sessions depends on your academic and personal goals.
- One session can provide you with resources and help you to get started on a goal-action plan.
- Repeated appointments allow the coach to get to know you better, help you stay accountable, and work with you through any roadblocks on your path to success.

Should I meet with the same coach each time?

- It can be beneficial to meet with the same coach as it gives them the opportunity to become more familiar with you and your goals.
- However, we understand that not every coach may be a perfect fit, so students are able to schedule with a different coach at any time.

Is there anything I should bring to my appointment?

- You do not need to bring anything to your appointment, but it can be helpful to have access to your syllabuses and to bring a pen and paper for taking notes.
- You should also consider the topic(s) you want to focus on prior to your session.

How is success coaching different from other campus resources?

- Academic Advisors: Coaches do not assist students with course selection, major declaration, monitoring degree requirements and academic progress, withdrawal, or leave of absence.
- Counselors: While issues that impact student success are relevant coaching topics, coaches are primarily focused on motivation and skill building. This generally requires an emphasis on present and future goals rather than discussing challenges in the past. When necessary, coaches can make the appropriate referral to another resource on campus and assist students with appointment scheduling.
- Tutors: If a student is facing challenges with specific course content, the coach can assist the student in connecting with the Tutoring Center for support.

We look forward to guiding you on your pathway to success!

The RCBC Success Coaching Team

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