



Learning is for Everyone

Rowan College at Burlington County

LIFE offers adults 50 years or older the opportunity to pursue informal educational goals. All LIFE classes are taught by volunteers.

Membership

A LIFE membership entitles members to take as many courses as they wish during the eligible semesters. A membership year runs from September 1 to August 31. The cost of membership is \$80. A Summer-only (June 1 through August 31) membership is reduced to \$55. Membership fees are payable to RCBC/LIFE and mailed to the LIFE program coordinator at LIFE, Rowan College at Burlington County, 900 College Circle, Mt. Laurel, NJ 08054. Register online and send payment to the LIFE coordinator. You will not receive class information until payment is received.

Registration

Members can click the following link, [Life Course Registration](#), or visit rcbc.edu/senior

Barons Pass

Barons Pass is part of your RCBC ID card. Use it to swipe into buildings for the safety of our students, faculty, staff, and guests. Students, faculty, and staff will use pass cards (their college IDs) to enter academic and staff buildings. Directions – please bring your ID, and a copy of an email from the LIFE program such as your registration to Public Safety. Students/Volunteers may replace a lost card for a \$20 fee by visiting Public Safety on the Mount Laurel Campus during business hours. Public safety is available in Evans Hall (building 8).

Refund Policy

No refunds for LIFE membership are given after the first class of the semester session. Under mitigating circumstances, new members may petition for a refund if they have not attended any LIFE courses.

Classes

All LIFE classes are taught by volunteers. In most cases, there should be a minimum of ten (10) students to conduct a class; the instructor sets the maximum. When course registration dips as low as five members, there may be times when no one shows up for class. LIFE instructors will often set their minimum and maximum class sizes. ***Classes may end early, but cannot extend past the scheduled time.***

Absence and Attendance Policy

Attendance has been a problem for some classes. The instructors respectfully ask that you read and accept the following policy. Our volunteers work hard to gather, research, and present meaningful content. The instructors must know if they are preparing for 10 or 30 students.

Class Attendance - A LIFE Member is expected to attend all class sessions they register for. Please only register for classes that you will attend. You will need to sign in through email or QR code.

If for any reason, a LIFE Member cannot attend a class or session, they are responsible for notifying the instructor(s), in writing, before the start of class. Instructor emails are provided along with the LIFE coordinator's email on all class communications.

Inclement weather – the Life Coordinator will send an email message to the class and instructor.

For additional information, please contact:

Michele Hogan

856-242-5354

life@rcbc.edu

Notable upcoming events

***** These events do not require registration and are open to all *****

Parkers Bend – Tues, Aug 11, 2026, 1 pm – 3 pm

Location: 600 Centerton Rd, Moorestown, NJ 08057

Join me as Parker's Bend will host a Health Fair and provide free tours. The LIFE Program will be on site with printed brochures and accept in-person registration.

Burlington County Veterans Exposition - Tues, October 6, 2026, from 5 pm to 8 pm

Location: Student Success Center - Mount Laurel Campus

This expo is designed to inform veterans of services available to them, as well as provide answers to any questions they may have regarding organizations with whom they already interact.

Disability Rights NJ – Wed, Oct 28 2026 1 pm – 2 pm

Location: Student Success Center - Mount Laurel Campus

Join Disability Rights NJ as they present on Universal Design (accessibility) features in products in the SSC Cafeteria. Some sample products may be on display for trying them out afterwards.

RCBC Giving Day - Thu, Oct 15, 2026, 10 am – 2 pm

Location: Online and Student Success Center - Mount Laurel Campus

Help support RCBC students! Funds raised will be put toward tuition assistance, emergency funds, student enrichment initiatives and more. Make a gift online or in person at the SSC. There will also be giveaways, snacks and photo ops with Barry. Support our students and help make RCBC's Giving Day a success.

NJACA Conference - Thu, Oct 22 2026, 9 am - 3 pm

Location: Votta Hall Auditorium - Mount Laurel Campus

The 2026 NJACA Annual Forum presents The Women's Summit on Justice, Leadership, and Legacy: Reflecting the Past, Leading the Present, and Shaping the Future of Justice.

Fall Into Good Health Fair - Tue, Nov 10, 2026, 11 am - 3 pm

Location: Student Success Center Lounge, Mount Laurel Campus

This exciting event is designed to connect you with a wide range of resources and services that can enhance your well-being and enrich your college experience.

Armistice Day - Wed, Nov 11, 2026, 12:30 - 2 pm

Location - Laurel Hall, Room 320 - Mount Laurel Campus

Members of the community are invited as faculty reflect upon the legacy of World War I and the lessons it has to teach about the concepts of honor, sacrifice, protest, and remembering.

James Baldwin Day - Wed, Nov 18, 2026, 12:30 - 2 pm

Location - Laurel Hall, Room 320 - Mount Laurel Campus

Join us for our annual celebration of the life and writing of James Baldwin.

Winter Showcase - Thu, Dec 3, 2026, 5 - 7 pm

Location: Student Gallery, Mount Holly Arts Campus

Join us at the awards reception to select works of art from Rowan College at Burlington County's Student Winter Showcase. RCBC student artists exhibit their finest work in various mediums and disciplines. This event is free and open to the public. Light refreshments will be served.

Fall Course Offerings by Location

Online Classes

Course Title	Instructor	Days	Dates	Time
From the Left Are you a Liberal? Join fellow Lefties for a discussion of Current Events. Differing opinions are welcome.	Isabelle Addis	Monday	9/14/2026 - 11/30/2026 12 sessions	10:00 AM - 11:30 AM
Raising Nature-Connected Kids in a Screen-Filled World Psychologist, bestselling author, and longtime TODAY show expert Dr. Dale Atkins returns to discuss the importance of helping children reconnect with nature in an increasingly screen-centered world. Drawing on decades of experience working with families and inspired by her children's book *Dear Deer*, Dr. Atkins shares why time outdoors supports healthy emotional and cognitive development, offers practical ways to encourage children to embrace nature, and creates a space for adults to discuss the challenges of raising kids in the digital age.	Dale Atkins	Friday	9/18/2026 - 9/25/2026 2 sessions	11:00 AM - 12:30 PM
Broadway Musicals part 6 -1964 to1975 A continuing chronological review, with video clips, of Broadway's best musicals. A presentation of the Broadway musicals that drew audiences, starting in 1964 and running through 1975. Video clips will illustrate the songs that made the shows famous. This class is available online and in person.	William Holt	Wednesday	10/14/202 6	10:00 AM - 11:30 AM
107 Days at Sea: The Journey That Changed Everything At 63, Jill Chalsty boarded a ship alone, grieving her husband's death and battling cancer. What began as a voyage around the world became far more than a trip. In this lecture, Jill shares the story behind her memoir Packets of Hope, inviting participants to travel alongside her through the ports she visited, the people she met, and the reflections that transformed personal adversity into strength and global impact. Jill demonstrates how one person's courage can create ripples that span continents. Participants are encouraged to read her memoir, available free at www.packetsofhope.com , before the presentation.	Jill Chalsty	Friday	12/4/2026	10:00 AM - 11:15 AM

Parkers Bend Retirement Community

600 Centerton Rd, Moorestown, NJ 08057

Course Title	Instructor	Days	Dates	Time
Get Stronger...Stay Strong 50 minutes for beginners only, male/female, strength training and functional fitness. Body weight and light weights. Gain strength back and use it daily.	Donna Aromando	Tuesday	9/22/2026 - 10/13/2026 4 sessions	2:30 PM - 3:20 PM

RCBC Mount Laurel Campus Classes

900 College Circle, Mount Laurel, NJ 08054

Course Title	Instructor	Days	Dates	Time
Crafting for Beginners Crafting for Beginners is a general crafting class where we will do different types of projects using various items and materials, most of which will be provided to students. There will be one class where the student will need to bring a 16x20 or larger canvas, or if needed, it can be provided if the student covers the cost of the item. It is recommended to bring an apron, oversized dress shirt, or old clothes for the painting classes. If a student has a project or craft they want to share with the class, that is a possibility, and if additional supplies are required, there may be a slight cost for supplies.	Diann Murphy	Wednesday	9/2/2026 - 9/30/2026 5 sessions	3:00 PM - 4:30 PM
Trivia Bring your love of learning and laughter to our weekly Trivia Session! Each week contains a fresh batch of unique and interesting trivia challenges. Various group members create and present for us each week. While all members are encouraged to "host" a session, it is NOT a requirement. If you just want to play - come on down! We play in teams - so no pressure. Just a friendly group of people, getting together to have fun and gain new knowledge. Please join us.	Various Instructors	Thursday	9/3/2026 - 12/17/2026 3 sessions	2:00 PM - 4:00 PM
Did you ever read? The Declaration of Independence, US Constitution, Bill of Rights. Celebrating America's 250, we will read and discuss our amazing founding documents and the rights they confer to all of us lucky enough to be here. Although I am a lawyer, this course is meant for the layperson who wants to understand how our government works and why we should read the documents that make it work. This is an embellished version of the summer course with the addition of some of the serious/spicy Supreme Court cases like Lawrence v. Texas (sodomy laws), Buck v. Bell (eugenics), Plessy v. Ferguson (separate but equal). Documents will be provided. Bring an inquisitive mind and lots of questions.	Marianne Mele	Wednesday	9/9/2026 - 9/30/2026 4 sessions	1:00 PM - 2:15 PM
The Nazi Concentration Camp Universe: An Overview Explore the Nazi concentration camp system through survivor testimonies, documentary excerpts, and historical accounts. Learn the differences between concentration, forced labor, and death camps, their purposes, their development over time, and their impact on victims during the Holocaust. This course emphasizes individual experiences while providing essential historical context.	Edward Janes	Thursday	9/10/2026 - 10/1/2026 4 sessions	11:00 AM - 1:00 PM
EMS Demystified: What happens after you call 911? I'm a paramedic and would like to talk about what happens when you call 911 and things to do ahead of an emergency to help make the situation less stressful for everyone involved. Topics to discuss would include: EMS roles - dispatch, Basic-EMT, Advanced-EMT-Paramedic. Information to have on hand - medication lists, advance directives. Hospital choices - what facilities in the area have which	Maryann Correll	Monday	9/14/2026	9:30 AM - 10:30 AM

EMS Demystified: What happens after you call 911? (cont) specialties, i.e. cardiac catheterization centers, comprehensive stroke centers, trauma centers, burn centers. (This is a repeat from last year)				
AI & Disinformation Disinformation refers to false information created to mislead people, and it's nothing new. But today's AI-powered tools and social media have made it easier and faster to create and spread disinformation. In this lecture, we'll explore how AI is used to create convincing deepfakes and clone voices, making it challenging to distinguish between real and fake content. We'll also review best practices for evaluating information and explore tech tools that can help identify content created with AI. Duration: 45 minutes. Presented by AARP	Sarah Spellman	Thursday	9/17/2026	10:00 AM - 11:00 AM
LIFE Flute Ensemble Whether you're up to snuff or haven't played for years, enjoy flute duets, trios, quartets, more. Bring your flute, music stand, and: Six Trios for Three Flutes, Op. 83, Full Score, by James Hook, Arranged by H. Voxman, Rubank publications, available online at Hal Leonard Publications, https://www.halleonard.com/ , or from other sources - but the arranger must be H. Voxman.	Myra Lewinter Malamut	Thursday	9/17/2026 - 12/10/2026 10 sessions	5:20 PM - 6:50 PM
Introduction to Chatting with A.I. Curious about using ChatGPT or Gemini but not sure where to start? In this lecture, we'll explore tips for using generative AI chat programs so you can make them work for you. You'll learn how to write questions, or prompts, that are specific and effective at getting helpful responses. Whether you plan to use them at work, for personal projects, or just for fun, we'll show you how this tech can help you with all sorts of tasks. We'll also cover best practices for privacy and security so you can be a confident user. Duration: 45 minutes. Presented by AARP	Jim Sunderhauf	Monday	9/21/2026	12:00 PM - 1:00 PM
The Life and Lasting Legacy of the nation's Founding Fathers This course will consist of lectures (and discussion) covering the biographical lives of the following members of the American founding generation: Robert Morris, Benjamin Franklin, Thomas Paine, Thomas Jefferson, Alexander Hamilton, George Washington, John Adams, and James Madison. The lectures require use of a computer and projector with PowerPoint software.	Edward Dodson	Tuesday	9/22/2026 - 12/15/2026 13 sessions	9:30 AM - 11:00 AM
Introduction to Managing Your Privacy Concerned about privacy? Unsure about accepting cookies? Come learn about some essential privacy tips! In this introductory lecture, we'll review how ads target us online, how to limit tracking, where to find browser settings and extensions to better control how our information is shared. We'll also discuss some of the key features of password managers and why they're a safe and secure option. Duration: 45 minutes. Presented by AARP	Maryann D'Agostino	Tuesday	9/22/2026	12:00 PM - 1:00 PM

Defensive Driving Course The Sheriff's Office offers a 1-day, 6-hour course for all NJ-licensed drivers. All materials are presented by the National Safety Council and taught by certified instructors from the Burlington County Sheriff's Office. Participants may be eligible to receive up to a 5% discount and/or a 2-point New Jersey Division of Motor Vehicles reduction. FEE - A \$10 check or money order made payable to the BURLINGTON COUNTY SHERIFF'S OFFICE is required from each participant to receive a certificate and the discount/reduction. CERTIFICATES - Once a Defensive Driving Class has been completed, please expect to receive your certificate 3 to 4 weeks from the date of the class. **PLEASE NOTE THIS IS NOT A BEHIND THE WHEEL CLASS** **NO CASH WILL BE ACCEPTED**	Burlington County Sheriff	Tuesday	9/29/2026	8:30 AM - 3:30 PM
Healthcare & Tech at a Glance Curious how recent technological advances have changed healthcare? In this lecture, we'll explore how doctors are using cutting-edge tech, like AI and smart devices, to diagnose, monitor, and treat medical conditions. We'll also discuss how patients can use technology to manage and improve their health. We'll cover how to prepare for and what to expect from telehealth appointments, common healthcare wearables, and best practices for using AI for medical information. Duration: 45 min Presented by AARP	Sarah Spellman	Thursday	9/30/2026	10:00 AM - 11:00 AM
Tech Basics for Caregiving Caregiving is challenging in different ways for both the caregivers and the recipients of care. Thankfully, there are a variety of tech tools that can make caregiving easier for both and allow people to do more on their own. In this lecture, we'll explore ways to integrate technology into your daily routine: from scheduling reminders with your phone or home assistant, to accessing self-care resources and making the most of telehealth appointments. We'll also explore options for ordering and receiving essential items like groceries and prescription drugs from the comfort of your home. Duration: 45 minutes. Presented by AARP	Wanda Flowers	Friday	10/1/2026	11:00 AM - 12:00 PM
Page to Publication: Crafting, Publishing, and Sharing Your Book Have you ever wanted to write a book but didn't know where to start? Whether you want to leave a legacy for your family, find a rewarding creative outlet, or share your unique expertise, this course will guide you from your very first draft to a finished, published copy. Together, we will explore a wide variety of writing formats—including fiction, nonfiction, autobiographies, poetry, cookbooks, short stories, and local history—and demystify the entire creative process. In this supportive, step-by-step class, you will learn how to: Plan and Prepare: Discover practical techniques for researching, organizing, and structuring your ideas. Formulate and Write: Transform your concepts into a polished, compelling manuscript. Publish and Share: Navigate the final hurdles of securing an ISBN, self-publishing, and getting your work into the hands of family, friends, and readers. No prior writing experience is required.	Anna Klinman	Thursday	10/1/2026 - 10/15/2026 3 sessions	12:00 PM - 1:00 PM

Six Pillars of Brain Health This introductory presentation is designed to empower participants to take charge of their brain health. Participants will learn about practical behaviors to support brain health. Duration: 30 minutes. Presented by AARP	Wanda Flowers	Thursday	10/2/2026	11:00 AM - 12:00 PM
Feng Shui Fundamentals Learn the basic principles of Feng Shui, the ancient art of placement. Each class will share the various components and layers of this practice enabling attendees to apply them to their own homes/life. There will be practical assignments in order to achieve this goal. As classes build on the knowledge learned from the previous class, it is recommended that students strive to not miss classes. No late joiners after week 2.	Denise Gregory	Wednesday	10/7/2026 - 11/4/2026 5 sessions	1:30 PM - 3:00 PM
Tips for Being News Savvy Online Sharing the news with others? In the digital age, anyone can publish anything on the internet, even if it's completely false. This lecture will explain the way technology has made it easier to create and spread misinformation. We'll discuss tools to evaluate news sources and review helpful fact-checking sites. You'll learn why it's important to read and check your sources before sharing! Duration: 45 minutes. Presented by AARP	Sarah Spellman	Wednesday	10/7/2026	10:00 AM - 11:00 AM
Great Lovers in Art Series: The Renaissance & Baroque, a Survey This lecture provides a survey of some of the great love stories revealed in Renaissance & Baroque art. Famous artists include Raphael, Rubens, Rembrandt, Bernini, and Artemisia Gentileschi, among others. We will consider the differences in art style between the two periods, the position of women in the Renaissance and Baroque periods, plus artists and the law. Come prepared to hear about a few scandals.	Jayne Yantz	Wednesday	10/7/2026	11:00 AM - 1:00 PM
Craft Class Craft Class is a general crafting class where we will be doing different types of projects involving various items and materials that will mostly be provided for the students. There will be one class where the student will need to bring a 16x20 or larger canvas or if needed it can be provided if the student covers the cost of the item. It is recommended to bring an apron, oversized dress shirt or old clothes for the painting classes. If a student has a project or craft they want to share with the class that is a possibility and if additional supplies are required there may be a slight cost for that class.	Diann Murphy	Wednesday	10/7/2026 - 11/18/2026 7 sessions	3:00 PM - 4:30 PM
Passwords, Passkeys, and More Protecting your online accounts starts with strong password practices. In this lecture, we'll review password basics before exploring options like single sign-on, passkeys, multi-factor authentication, and password managers. Learn why these password alternatives are safe ways to simplify your digital life and keep your personal information secure. Duration: 1 hour. Presented by AARP	Tom Phair	Monday	10/12/2026	12:00 PM - 1:00 PM

Understanding Social Security - Social Security 101: Do you understand how Social Security works? Have you wondered who is eligible for Social Security payments? Join AARP's free Understanding Social Security workshop. This workshop focuses on building a basic understanding of Social Security, exploring how claiming decisions affect payments and identifying resources that can help you along the way. It can help you build confidence in making the right decisions for your personal situation. Presented by AARP	Jim Sunderhauf	Tuesday	10/13/2026	12:00 PM - 1:00 PM
History of Burlington Island The Lenni-Lenape called the island Matinicum - today it's Burlington Island, located between Burlington City and Bristol Borough on the Delaware River. It's the oldest European settlement in New Jersey, dating to 1624, and its history reflects the battle scars of occupation by the Lenape, the Dutch, the Swedes, and the English. In the early 20th century, it hosted one of the largest amusement parks on the East Coast, then became a dumping ground for river dredge materials, a sand and gravel pit, and summer homes for 85 families. Since 1978, the island has been vacant, with half dedicated to New Jersey open space. Learn how the Friends of Burlington Island has jump-started future planning to open the island to the public.	Judy Gauntt	Wednesday	10/14/2026	10:00 AM - 11:00 AM
Broadway Musicals part 6 -1964 to1975 A continuing chronological review, with video clips, of Broadway's best musicals. A presentation of the Broadway musicals that drew audiences, starting in 1964 and running through 1975. Video clips will illustrate the songs that made the shows famous. This class is available online and in person.	William Holt	Wednesday	10/14/2026	10:00 AM - 11:30 AM
Caregiving Caring For Your Family, Friends and Loved Ones Caring for a family member or close friend is one of the most important roles you'll ever play. Everyone's caregiving journey is unique, and regardless of where your role falls on the wide spectrum of caregiving tasks and responsibilities, we want to make it easier. Whether you anticipate future family caregiving or are currently taking care of a loved one, during this session we will help you get organized, determine your loved one's needs and resources, create your caregiving plan – including how to care for yourself - and find help. You will also have the opportunity to connect with other family caregivers to exchange support, tips, and advice. Duration: 60 minutes. Presented by AARP	Sarah Spellman	Friday	10/16/2026	10:00 AM - 11:00 AM
Beginner's guide to understanding astrology Astrology is more than your astrological sun sign. We will explore the five essential components (chart itself, houses, signs, planets, and aspects)to be able to read and interpret an astrological birth chart. Politician and celebrity birth charts will be used as examples to help explain the five components of a birth chart.	Jane Johnson	Tuesday	10/20/2026 - 11/24/2026 6 sessions	2:00 PM - 3:00 PM

Computer Security This presentation will include Scams, Antivirus software, Phishing, VPN's, Firewalls, Ransomware, and securing your network.	Joseph Calloway	Wednesday	10/21/2026	10:00 AM - 1:00 PM
Building a Brighter Future: AARP's Community Impact This presentation is a comprehensive guide designed to showcase AARP's mission and efforts to enhance the quality of life for older Americans. This presentation highlights AARP's commitment to empowering individuals aged 50 and above through advocacy, information, and community engagement. It delves into AARP's various programs and initiatives, plus the organization's history, including the inspiring story of its founder, Dr. Ethel Percy Andrus, and her dedication to improving the lives of older adults. Duration: 60 minutes. Presented by AARP	Maryann D'Agostino	Thursday	10/22/2026	10:00 AM - 11:00 AM
Fast-Track Your Fiction: From First Draft to Writer's Workshop Have you ever dreamed of writing a novel but felt held back by perfectionism or a lack of time? Inspired by Chris Baty's No Plot, No Problem, this dynamic, two-part course is designed to get your story out of your head and onto the page—fast. Led by a published author who will be researching and writing her own second novel alongside you, this class proves that you don't need a perfect plan to write a compelling book. Instead of waiting for inspiration, you will learn to silence your inner editor and build a powerful writing momentum. Here is how our year together will unfold: Fall Semester (Preparation & Motivation): We will spend a month laying the groundwork through research, brainstorming, and concept development. To keep us all moving forward, students can opt into a private group chat to share daily word counts, celebrate milestones, and offer mutual motivation. The Winter Writing Sprint: January is all about execution. With your research complete, you will focus entirely on writing, pushing through the draft with the accountability of your peers. Spring Semester (The Writer's Workshop): Once our drafts are on paper, we will transition into a supportive workshop environment. Together, we will learn constructive editing techniques, polish our manuscripts, and help each other refine our unique voices. Whether you have a fully formed idea or just a spark of inspiration, join us to find the accountability, community, and strategy you need to finally write your book!	Anna Klinman	Thursday	10/22/2026 - 11/12/2026 4 sessions	12:00 PM - 1:00 PM
Digital Tools for Brain Health Stay sharp with technology! In this lecture, we'll explore digital tools to support habits that can help you stay sharp, including wearable devices, engaging websites, and informative podcasts. Discover practical resources to keep your mind active and enhance your cognitive well-being in today's digital world. Duration: 1 hour. Presented by AARP	Tom Phair	Thursday	10/26/2026	12:00 PM - 1:00 PM

Our Voices Decide: Protecting and Strengthening Social Security & Support Family Caregivers: In this election year, AARP is fighting to get candidates, regardless of party, to offer solutions for protecting and strengthening Social Security and supporting family caregivers. Voters age 50+ are the country's strongest voting bloc. We must raise our voices and tell candidates to offer solutions to the issues that matter to us and our families. We need to elect candidates who will listen to our struggles — and pass helpful commonsense solutions.	Jim Sunderhauf	Tuesday	10/27/2026	12:00 PM - 1:00 PM
Fraud Watch The Scam Landscape Staying Safe This presentation helps empower individuals in the fight against fraud with proven resources and tools to help you spot and avoid identity theft and other fraud. Duration: 40 minutes	Sarah Spellman	Wednesday	10/28/2026	10:00 AM - 11:00 AM
Public Benefits for Older Adults This presentation will demonstrate how you or a loved one can help supplement your income and decrease your spending by securing the essentials, eligible benefits, discounts and crucial refunds. We'll cover the Supplemental Nutrition Assistance Program, Affordable Connectivity Program, Low-Income Home Energy Assistance Program, Medicare Savings Programs and the Medicare Extra Help Plan. You'll walk away with easy access to resources that you can use to apply for these programs. Duration: 1 hour	Tom Phair	Monday	11/2/2026	12:00 PM - 1:00 PM
EMS Demystified: What happens after you call 911? I'm a paramedic and would like to talk about what happens when you call 911 and things to do ahead of an emergency to help make the situation less stressful for everyone involved. Topics to discuss would include: EMS roles - dispatch, Basic-EMT, Advanced-EMT-Paramedic. Information to have on hand - medication lists, advanced directives. Hospital choices - what facilities in the area have which specialties, i.e. cardiac catheterization centers, comprehensive stroke centers, trauma centers, burn centers. (Previously presented on 9/14/2026)	Maryann Correll	Monday	11/3/2026	9:30 AM - 10:30 AM
Downsizing and Decluttering Having too much stuff can impede people from relocating or getting health care into their homes. This engaging presentation explores why stuff is so important for some people and teaches practice, easy-to-follow tips on downsizing and decluttering. Duration: 30 minutes. Presented by AARP	Jim Sunderhauf	Wednesday	11/4/2026	11:00 AM - 12:00 PM
Theories of Consciousness OK Folks, let's try this one more time! What is consciousness? How do we perceive the external world? Where do our thoughts, emotions and sensations come from? Is the brain the same as the mind? Where subjective experience comes from has been called the "hard problem" of consciousness by neuroscientists and physicists. Currently, there is no generally accepted answer to the hard problem but there are many, many theories, some very recent and others that are thousands of years old. We can explore some of the ideas found in this fascinating topic. Interested?	Vincent Trainor	Friday	11/6/2026 - 11/13/2026 2 sessions	10:30 AM - 12:00 PM

Fraud Watch Vigilance Against Cybercrime In today's fast-paced online environment, protecting your personal information is more crucial than ever. This workshop is designed to empower you with the knowledge and tools to navigate the digital world safely. We'll cover how to stay safe in public, at home, when using social media, and when shopping and banking. We'll also look at common scams and how to avoid them. Duration: 60 minutes. Presented by AARP	Maryann D'Agostino	Tuesday	11/10/2026	12:00 PM - 1:00 PM
Virtual Museum Tours Tour world-famous museums from the comfort of your home! Did you know many of the world's leading museums have been making their collections and exhibits available to view virtually? In this lecture, we'll explore some of these virtual galleries, as well as digital tools that help bring art, architecture, and history to life! Duration: 45 minutes. Presented by AARP	Tom Phair	Monday	11/23/2026	12:00 PM - 1:00 PM
Great Lovers in Art Series: The Abstract Expressionists and Their Partners, including Jackson Pollock and Why His Paintings Matter This class will discuss what Abstract Expressionism is, why it is important, where and how it develops, and what relationships were like among the artists and their partners.	Jayne Yantz	Monday	12/14/2026	11:00 AM - 1:00 PM

September

Date	Day	Time	Class
Sep 2	Wed	3:00 pm - 4:30 pm	Crafting for Beginners
Sep 3	Thu	2:00 pm – 4:00 pm	Trivia
Sep 9	Wed	1:00 pm - 2:30 pm	Did you ever read?
Sep 9	Wed	3:00 pm - 4:30 pm	Crafting for Beginners
Sep 10	Thu	11:00 am – 1:00 pm	The Nazi Concentration Camp Universe: An Overview
Sep 10	Thu	2:00 pm – 4:00 pm	Trivia
Sep 14	Mon	9:30 am - 10:30 am	EMS Demystified: What happens after you call 911?
Sep 14	Mon	10:00 am - 11:30 am	From the Left
Sep 16	Wed	1:00 pm - 2:30 pm	Did you ever read?
Sep 16	Wed	3:00 pm - 4:30 pm	Crafting for Beginners
Sep 17	Thu	10:00 am – 11:00 am	AI & Disinformation
Sep 17	Thu	11:00 am – 1:00 pm	The Nazi Concentration Camp Universe: An Overview
Sep 17	Thu	2:00 pm – 4:00 pm	Trivia
Sep 17	Thu	5:20 pm - 6:50 pm	LIFE Flute Ensemble
Sep 18	Fri	11:00 am - 12:30 pm	Raising Nature-Connected Kids in a Screen-Filled World
Sep 21	Mon	10:00 am - 11:30 am	From the Left
Sep 21	Mon	12:00 pm – 1:00 pm	Introduction to Chatting with A.I.
Sep 22	Tue	9:30 am - 11:00 am	The Life and Lasting Legacy of the nation's Founding Fathers
Sep 22	Tue	12:00 pm – 1:00 pm	Introduction to Managing Your Privacy
Sep 22	Tue	2:30 pm - 3:30 pm	Get Stronger...Stay Strong
Sep 23	Wed	1:00 pm - 2:30 pm	Did you ever read?
Sep 23	Wed	3:00 pm - 4:30 pm	Crafting for Beginners
Sep 24	Thu	11:00 am – 1:00 pm	The Nazi Concentration Camp Universe: An Overview
Sep 24	Thu	2:00 pm – 4:00 pm	Trivia
Sep 24	Thu	5:20 pm - 6:50 pm	LIFE Flute Ensemble
Sep 25	Fri	11:00 am - 12:30 pm	Raising Nature-Connected Kids in a Screen-Filled World
Sep 28	Mon	10:00 am - 11:30 am	From the Left
Sep 29	Tue	8:30 am - 3:30 pm	Burlington County Sheriff's Office Defensive Driving Course
Sep 29	Tue	9:30 am - 11:00 am	The Life and Lasting Legacy of the nation's Founding Fathers
Sep 29	Tue	2:30 pm - 3:30 pm	Get Stronger...Stay Strong
Sep 30	Wed	10:00 am – 11:00 am	Healthcare & Tech at a Glance
Sep 30	Wed	1:00 pm - 2:30 pm	Did you ever read?
Sep 30	Wed	3:00 pm - 4:30 pm	Crafting for Beginners

October

Date	Day	Time	Class
Oct 1	Thu	11:00 am - 12:00 pm	Tech Basics for Caregiving
Oct 1	Thu	11:00 am – 1:00 pm	The Nazi Concentration Camp Universe: An Overview
Oct 1	Thu	12:00 pm – 1:00 pm	Page to Publication: Crafting, Publishing, and Sharing Your Book
Oct 1	Thu	2:00 pm – 4:00 pm	Trivia
Oct 1	Thu	5:20 pm - 6:50 pm	LIFE Flute Ensemble
Oct 2	Fri	11:00 am - 11:30 am	Six Pillars of Brain Health
Oct 5	Mon	10:00 am - 11:30 am	From the Left
Oct 6	Tue	9:30 am - 11:00 am	The Life and Lasting Legacy of the nation's Founding Fathers
Oct 6	Tue	2:30 pm - 3:30 pm	Get Stronger...Stay Strong
Oct 7	Wed	10:00 am – 11:00 am	Tips for Being News Savvy Online
Oct 7	Wed	11:00 am – 1:00 pm	Great Lovers in Art Series: The Renaissance & Baroque
Oct 7	Wed	1:30 pm - 3:30 pm	Feng Shui Fundamentals
Oct 7	Wed	3:00 pm - 4:30 pm	Craft Class
Oct 8	Thu	12:00 pm – 1:00 pm	Page to Publication: Crafting, Publishing, and Sharing Your Book
Oct 8	Thu	2:00 pm – 4:00 pm	Trivia
Oct 12	Mon	10:00 am - 11:30 am	From the Left
Oct 12	Mon	12:00 pm – 1:00 pm	Passwords, Passkeys, and More
Oct 13	Tue	9:30 am - 11:00 am	The Life and Lasting Legacy of the nation's Founding Fathers
Oct 13	Tue	12:00 am – 1:00 pm	Understanding Social Security - Social Security 101
Oct 13	Tue	2:30 pm - 3:30 pm	Get Stronger...Stay Strong
Oct 14	Wed	10:00 am - 11:30 am	Broadway Musicals part 6 -1964 to 1975
Oct 14	Wed	11:00 am - 12:00 pm	Burlington Island
Oct 14	Wed	1:30 pm - 3:30 pm	Feng Shui Fundamentals
Oct 14	Wed	3:00 pm - 4:30 pm	Craft Class
Oct 15	Thu	12:00 pm – 1:00 pm	Page to Publication: Crafting, Publishing, and Sharing Your Book
Oct 15	Thu	2:00 pm – 4:00 pm	Trivia
Oct 16	Fri	10:00 am – 11:00 am	Caregiving: Caring for Your Family, Friends and Loved Ones
Oct 19	Mon	10:00 am - 11:30 am	From the Left
Oct 20	Tue	9:30 am - 11:00 am	The Life and Lasting Legacy of the nation's Founding Fathers
Oct 20	Tue	2:00 pm – 3:00 pm	Beginner's guide to understanding astrology
Oct 21	Wed	10:00 am – 1:00 pm	Computer Security
Oct 21	Wed	1:30 pm - 3:30 pm	Feng Shui Fundamentals
Oct 21	Wed	3:00 pm - 4:30 pm	Craft Class
Oct 22	Thu	10:00 am – 11:00 am	Building a Brighter Future AARP's Community Impact
Oct 22	Thu	12:00 am – 1:00 pm	Fast-Track Your Fiction: From First Draft to Writer
Oct 22	Thu	2:00 pm – 4:00 pm	Trivia
Oct 22	Thu	5:20 pm - 6:50 pm	LIFE Flute Ensemble
Oct 26	Mon	10:00 am - 11:30 am	From the Left
Oct 26	Mon	12:00 pm – 1:00 pm	Digital Tools for Brain Health
Oct 27	Tue	10:00 am - 11:30 am	107 Days at Sea: The Journey That Changed Everything
Oct 27	Tue	9:30 am - 11:00 am	The Life and Lasting Legacy of the nation's Founding Fathers

Oct 27	Tue	12:00 am – 1:00 pm	Our Voices Decide: Protecting and Strengthening
Oct 27	Tue	2:00 pm – 3:00 pm	Beginner's guide to understanding astrology
Oct 28	Wed	10:00 am – 11:00 am	Fraud Watch: The Scam Landscape Staying Safe
Oct 28	Wed	1:30 pm - 3:30 pm	Feng Shui Fundamentals
Oct 28	Wed	3:00 pm - 4:30 pm	Craft Class
Oct 29	Thu	12:00 am – 1:00 pm	Fast-Track Your Fiction: From First Draft to Writer
Oct 29	Thu	2:00 pm – 4:00 pm	Trivia
Oct 29	Thu	5:20 pm - 6:50 pm	LIFE Flute Ensemble

November

Date	Day	Time	Class
Nov 2	Mon	10:00 am - 11:30 am	From the Left
Nov 2	Mon	12:00 pm – 1:00 pm	Public Benefits for Older Adults
Nov 3	Tue	9:30 am - 11:00 am	The Life and Lasting Legacy of the nation's Founding Fathers
Nov 3	Tue	2:00 pm – 3:00 pm	Beginner's guide to understanding astrology
Nov 4	Wed	10:00 am – 11:00 am	Downsizing and Decluttering
Nov 4	Wed	1:30 pm - 3:30 pm	Feng Shui Fundamentals
Nov 4	Wed	3:00 pm - 4:30 pm	Craft Class
Nov 5	Thu	12:00 am – 1:00 pm	Fast-Track Your Fiction: From First Draft to Writer
Nov 5	Thu	2:00 pm – 4:00 pm	Trivia
Nov 5	Thu	5:20 pm - 6:50 pm	LIFE Flute Ensemble
Nov 6	Fri	10:30 am - 12:00 pm	Theories of Consciousness
Nov 9	Mon	10:00 am - 11:30 am	From the Left
Nov 10	Tue	9:30 am - 11:00 am	The Life and Lasting Legacy of the nation's Founding Fathers
Nov 10	Tue	12:00 am – 1:00 pm	Fraud Watch Vigilance Against Cybercrime
Nov 10	Tue	2:00 pm – 3:00 pm	Beginner's guide to understanding astrology
Nov 11	Wed	3:00 pm - 4:30 pm	Craft Class
Nov 12	Thu	12:00 am – 1:00 pm	Fast-Track Your Fiction: From First Draft to Writer
Nov 12	Thu	2:00 pm – 4:00 pm	Trivia
Nov 12	Thu	5:20 pm - 6:50 pm	LIFE Flute Ensemble
Nov 13	Fri	10:30 am - 12:00 pm	Theories of Consciousness
Nov 16	Mon	10:00 am - 11:30 am	From the Left
Nov 17	Tue	9:30 am - 11:00 am	The Life and Lasting Legacy of the nation's Founding Fathers
Nov 17	Tue	2:00 pm – 3:00 pm	Beginner's guide to understanding astrology
Nov 18	Wed	3:00 pm - 4:30 pm	Craft Class
Nov 19	Thu	2:00 pm – 4:00 pm	Trivia
Nov 19	Thu	5:20 pm - 6:50 pm	LIFE Flute Ensemble
Nov 23	Mon	10:00 am - 11:30 am	From the Left
Nov 23	Mon	12:00 pm – 1:00 pm	Virtual Museum Tours
Nov 24	Tue	9:30 am - 11:00 am	The Life and Lasting Legacy of the nation's Founding Fathers
Nov 24	Tue	2:00 pm – 3:00 pm	Beginner's guide to understanding astrology
Nov 25	Wed	3:00 pm - 4:30 pm	Craft Class
Nov 26	Thu	2:00 pm – 4:00 pm	Trivia

Nov 26	Thu	5:20 pm - 6:50 pm	LIFE Flute Ensemble
Nov 30	Mon	9:30 am - 10:30 am	EMS Demystified: What happens after you call 911?
Nov 30	Mon	10:00 am - 11:30 am	From the Left

December

Date	Day	Time	Class
Dec 1	Tue	9:30 am - 11:00 am	The Life and Lasting Legacy of the nation's Founding Fathers
Dec 2	Wed	3:00 pm - 4:30 pm	Craft Class
Dec 3	Thu	2:00 pm – 4:00 pm	Trivia
Dec 3	Thu	5:20 pm - 6:50 pm	LIFE Flute Ensemble
Dec 4	Fri	10:00 AM - 11:15 AM	107 Days at Sea: The Journey That Changed Everything
Dec 8	Tue	9:30 am - 11:00 am	The Life and Lasting Legacy of the nation's Founding Fathers
Dec 9	Wed	3:00 pm - 4:30 pm	Craft Class
Dec 10	Thu	2:00 pm – 4:00 pm	Trivia
Dec 10	Thu	5:20 pm - 6:50 pm	LIFE Flute Ensemble
Dec 14	Mon	11:00 am – 1:00 pm	Great Lovers in Art Series: The Abstract Expressionists and Their Partners
Dec 15	Tue	9:30 am - 11:00 am	The Life and Lasting Legacy of the nation's Founding Fathers
Dec 16	Wed	3:00 pm - 4:30 pm	Craft Class
Dec 17	Thu	2:00 pm – 4:00 pm	Trivia

Life Course Registration

A LIFE membership entitles members to take as many courses as they wish during the eligible semesters. A LIFE membership runs from September 1 to August 31. The cost of membership is \$80.

This form can be mailed with the membership fee. Membership fees are payable to RCBC/LIFE and mailed to the LIFE program coordinator at

LIFE, RCBC
900 College Circle
Mt. Laurel, NJ 08054

1. Email _____
2. First Name _____
3. Last Name _____
4. Phone Number: Please format your answer 555-555-5555 _____
5. Birthday: _____
6. Street Address: _____
7. City _____ State _____ Zip Code _____
8. Barons Pass (Yes, No, or ID Number) _____
9. Emergency Contact Information Name _____
10. Emergency Contact Phone Number _____
11. Was your check sent? _____

12. Absence and Attendance Policy

Attendance has been a problem for some classes. The instructors respectfully ask that you read and accept the following policy. Our volunteers work hard to gather, research, and present meaningful content. It is important that they know if they are preparing for 10 or 30 students.

Class Attendance A LIFE Member is expected to attend all class sessions they register for. Please only register for classes that you will attend. If for any reason, a LIFE Member is unable to attend a class or session, they are responsible for notifying the instructor(s), in writing, before the start of class. Instructor emails are provided along with the LIFE coordinator's email on class communications. **Inclement weather** – the Life Coordinator will send an email message to the class and instructor. Do you agree to this policy?

- ☐ Yes
- ☐ No

On the next page, please check the classes you wish to attend

Name _____

Online Classes you want to register for:

- ☐ From the Left
- ☐ Raising Nature-Connected Kids in a Screen-Filled World
- ☐ Broadway Musicals part 6 -1964 to 1975
- ☐ 107 Days at Sea: The Journey That Changed Everything

Parkers Bend Classes you want to register for:

- ☐ Get Stronger...Stay Strong

Mount Laurel Campus Classes you want to register for:

- | | |
|---|---|
| ☐ Crafting for Beginners | ☐ Passwords, Passkeys, and More |
| ☐ Trivia | ☐ Understanding Social Security - Social Security |
| ☐ Did you ever read? The Declaration of Independence, US Constitution, Bill of Rights. | ☐ History of Burlington Island |
| ☐ The Nazi Concentration Camp Universe: An Overview | ☐ Broadway Musicals part 6 -1964 to 1975 |
| ☐ EMS Demystified: What happens after you call 911? | ☐ Caregiving: Caring for Your Family, Friends and Loved Ones |
| ☐ AI & Disinformation | ☐ Beginner's guide to understanding astrology |
| ☐ LIFE Flute Ensemble | ☐ Computer Security |
| ☐ The Life Stories of Our Most Prominent Founding Fathers | ☐ Building a Brighter Future: AARP's Community Impact |
| ☐ Introduction to Chatting with A.I. | ☐ Fast-Track Your Fiction: From First Draft to Writer's Workshop |
| ☐ Introduction to Managing Your Privacy | ☐ Digital Tools for Brain Health |
| ☐ Defensive Driving Course | ☐ Our Voices Decide: Protecting and Strengthening Social Security & Supporting Family Caregivers |
| ☐ Healthcare & Tech at a Glance | ☐ Fraud Watch: The Scam Landscape, Staying Safe |
| ☐ Tech Basics for Caregiving | ☐ Public Benefits for Older Adults |
| ☐ Page to Publication: Crafting, Publishing, and Sharing Your Book | ☐ EMS Demystified: What happens after you call 911? |
| ☐ Six Pillars of Brain Health | ☐ Downsizing and Decluttering |
| ☐ Feng Shui Fundamentals | ☐ Theories of Consciousness |
| ☐ Tips for Being News Savvy Online | ☐ Fraud Watch: Vigilance Against Cybercrime |
| ☐ Great Lovers in Art Series: The Renaissance & Baroque, a Survey | ☐ Virtual Museum Tours |
| ☐ Craft Class | ☐ Great Lovers in Art Series: The Abstract Expressionists & Their Partners |