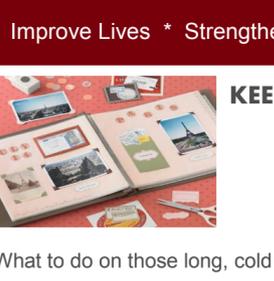


RSVP Volunteer News

Retired and Senior Volunteer Program of Burlington County



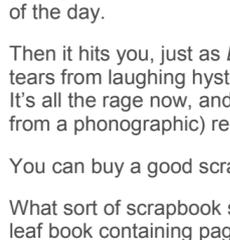
Winter 2016



The RSVP Office is closed from December 23 to January 2

RSVP

Improve Lives * Strengthen Communities * Foster Civic Engagement



KEEP BUSY WITH SCRAPBOOKING!

By Elizabeth J. Rosenthal

What to do on those long, cold winter nights?

One option is to sip hot chocolate while snuggling under a throw blanket and watching a Marx Brothers marathon on Turner Classic Movies.

In between films – say, between *Horse Feathers* and *Duck Soup* – while TCM host Ben Mankiewicz is noting some fun facts about the first movie before moving on to introduce the second one, you remind yourself, again, how you need to go through those shoeboxes of old family photos. You know, the ones up in the attic behind your grandmother's wedding dress but in front of your great aunt's collection of vintage, 1920s hats worn by the most fashionable "flappers" of the day.

Then it hits you, just as *Duck Soup* is ending and your face is still wet with tears from laughing hysterically at Harpo Marx's comic faces. Scrapbooking! It's all the rage now, and perfect for creating a photographic (as distinguished from a phonographic) record of your family's past and present.

You can buy a good scrapbook at the craft stores like AC Moore and Michaels.

What sort of scrapbook should you use? I would recommend a 12x12 loose-leaf book containing pages of top-loading, plastic sleeves with a paper insert inside each one. This kind of scrapbook is the most versatile, especially because you can add as many additional pages to the scrapbook and as many metal extenders as you'll need to expand the size of the book.

Organize the scrapbook any way you'd like. Maybe first include baby pictures of everyone in your extended family, before moving on to a section for childhood pictures, then school portraits, followed by family gatherings, and, finally, other photos commemorating milestones. Or you can arrange it in chronological order, mixing up the subject matter of the pictures from page to page but organizing the pages based on years or eras.

A scrapbook can include almost anything. Birth certificates, immunization records, envelopes with old addresses – all of these can be featured and even break up the monotony, if there should be any, of page after page of just photos.

Missing some photos? Contact family members who may have their own large photographic stashes and see if they would be willing to donate to your project. By the way, if they don't want to part with their pictures, perhaps they would allow you to scan them to your computer and print the scans out on photo paper. Your relative will be able to keep her pictures, and you will have new, quality copies of them to place in your scrapbook.

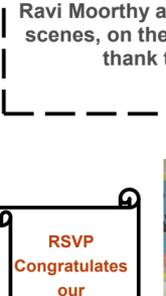
Even if you don't have all the pictures you'd like to have when you start your scrapbook project, you can fill those gaps later. Inserting new pages, reordering old ones, rearranging photos on the page, or moving photos to other pages, which will be doable especially if you use a removable adhesive to keep your items in place, are all options as your project gets well underway.

A word of warning: Although you can expand the size of a scrapbook, at some point you may find it too bulky to handle. By the time you're done, you may find yourself with several completed scrapbook volumes chronicling the lives and times of your family members.

The larger your photo project, the shorter the long, cold nights of winter will seem. In fact, you may find spring just around the corner by the time you've filled up your last scrapbook page.

RSVP

offers maximum flexibility and a choice of service opportunities to accommodate your volunteer interests and availability.



If you believe in one of the largest volunteer networks in the nation that uses the skills and talents for people 55 and over, or helps them to develop new ones while serving in a variety of volunteer activities within your community, consider serving on RSVP's Advisory Council.

An advisory council is an important component of Senior Corps programs. The concept of an impartial, objective group — separate from the sponsor and project director — giving input to the operation of programs has been integral to RSVP. Council or committee members should be knowledgeable about the project's place in the community, trends in society affecting the field of service, and have the ability to focus on long-range issues and solutions.

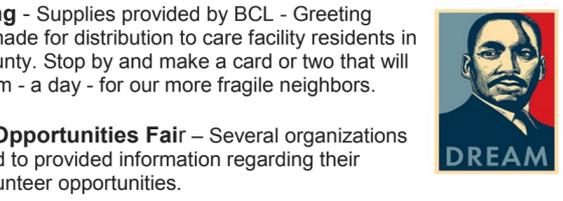
Burlington County RSVP seeks volunteers to serve either on the Council, or as ad-hoc members of the following committees:

- Marketing** – Interpreting program to community; serving as spokesperson and developing publicity for the project;
- Development** – Members who provide or solicit financial support for the program through mailings and events;
- Membership Volunteers:** Recruitment, retention, recognizing volunteers

Council members meet monthly for approximately 1-1 ½ hours. They will serve on at least one of the committees above. Ad-hoc committee members do not need to attend council meetings, but are working members on one of the committees. They meet periodically throughout the year.

Current council members include: Chair: Richard Trout Eunice Carey, Sharon Gibson, Judith Hillman, Evelyn Lewis, Genevieve Lumia, Kay McHenry, Dorothy Minkoff, Connie Moore, Ravi Moorthy and Bill Newborg. Council members work hard, behind the scenes, on the Annual RSVP Volunteer Recognition Brunch. Be sure to thank them when you meet them at this year's event on Wednesday, May 17, 2017

RSVP Congratulates our "A Matter of Balance" Workshop Graduates



Burlington County RSVP is pleased to collaborate once again with the Volunteer Center of Burlington County's 11th Annual MLK Day Challenge Monday, January 16, 2017

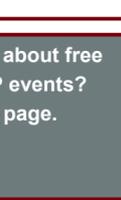
Burlington County residents of all ages are encouraged to stop by the Burlington County Library (BCL) Main Branch at 5 Pioneer Blvd., Westampton, between the hours of 11 a.m. and 3 p.m. to participate in the following service activities:

- Food Collection for the Oaks Integrated Food Pantry - Mount Holly – Serving Burlington County residents, accepts food donations, which include peanut butter and jelly, breakfast items, such as oatmeal and cereal, kid-friendly snacks like granola bars, canned meat/fish, microwaveable foods like Easy Mac or Chef Boyardee and canned fruits and vegetables.

- Animal Supplies Collection for Burlington County Animal Shelter: Donating the following items helps us with the day-to-day care of our animals and supports our operational needs: Frontline, canned dog food, HE laundry detergent, dry dog food, (towels, blankets, sheets, dog treats, pillow wash rags, dog toys (especially plastic/shrub), antibacterial hand soap/hand sanitizer, canned cat food, paper towels, dry cat food, brooms, scrub brushes, cat toys (plastic), fabric softener sheets, cat litter (non-clumping), bleach and plug-in room freshener

Note: All collected/donated items to be dropped-off at the Burlington County Library Main Branch at 5 Pioneer Blvd., Westampton, from 11 A.M. - 3 P.M., on Monday, January 16

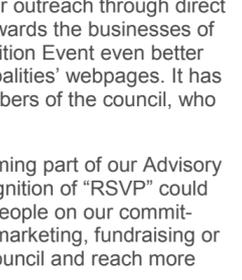
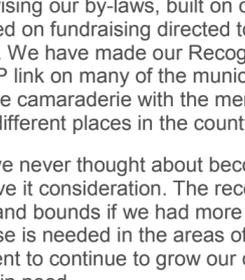
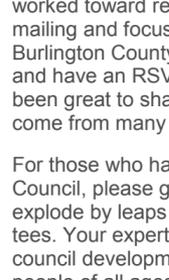
- Card Making - Supplies provided by BCL - Greeting cards will be made for distribution to care facility residents in Burlington County. Stop by and make a card or two that will brighten a room - a day - for our more fragile neighbors.



- Volunteer Opportunities Fair – Several organizations will be on hand to provided information regarding their respective volunteer opportunities.

- "Like" the Volunteer Center Facebook Page www.facebook.com/VolunteerCenterBurlingtonCounty The Volunteer Center of Burlington County's Facebook Page now has 881 "Likes." 881 ambassadors for volunteer/community service. Between now and MLK Day Monday 16, 2017 our goal is to reach 1,000 "Likes" – 1,000 Ambassadors. This goal is part of the Center's 11th Annual MLK Day Challenge activities. Every additional "Like" helps the Center keep Burlington County's 450,000-plus residents better informed as to how they can make a difference in the quality of community life.

Want to keep tabs on the newest opportunities, find out about free events in our community or find photos taken at RSVP events? All of that and more can be found on our Facebook page. "Like" our page at www.facebook.com/RCBCWorkforceDevelopmentInstitute



I joined RSVP in the spring of 2009 as a SHIP counselor. Through SHIP, I have helped older adults with their Medicare questions, including persons with disabilities and adults who need extra financial help through Medicaid. It is very rewarding to know at the end of a helping session, I have calmed a worried mind. That sigh of relief from a client speaks louder than words.

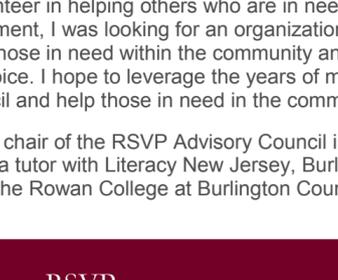
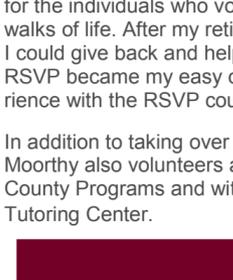
Soon after I joined SHIP, I was asked to be on the RSVP Advisory Council. I have held several positions: publicity, vice president and my current position as chairman of the council. I have helped to promote RSVP, whether at county fairs (even with our tent collapsing in the middle of summer), or senior group meetings. It is very gratifying to me to know we added members to the council and the organization in part because of my management of the publicity. I was the vice chairperson for a year and for the past two years, chairperson for the council.

Taking a step back to reflect on the past two years, the council has worked toward revising our by-laws, built on our outreach through direct mailing and focused on fundraising directed towards the businesses of Burlington County. We have made our Recognition Event even better and have an RSVP link on many of the municipalities' webpages. It has been great to share camaraderie with the members of the council, who come from many different places in the county.

For those who have never thought about becoming part of our Advisory Council, please give it consideration. The recognition of "RSVP" could explode by leaps and bounds if we had more people on our committees. Your expertise is needed in the areas of marketing, fundraising or council development to continue to grow our council and reach more people of all ages in need.

Our heartfelt appreciation to Richard Trout for his exemplary service as Chair of the RSVP Advisory Council. We will miss your outstanding leadership!

RSVP Staff, Advisory Council and Members



Ravi Moorthy is originally from India and migrated to the United States about 43 years ago. He has an electrical engineering degree from India and additional graduate degrees in electrical engineering, business administration and computer sciences. He has recently retired from Lockheed Martin as a systems engineer and is currently a part-time consultant there.

For almost 32 years, Moorthy, his wife, Lakshmi and sons, Satya and Satish, have lived in Mount Laurel Township in Burlington County. Over the years, he has been active with the Burlington County Boy Scouts of America with his sons, who achieved the rank of Eagle Scouts from Moorestown Troop 44. He has also participated in several United Way Day of Caring activities and food drives at Lockheed Martin.

Moorthy says, "Over the years, I have had the pleasure of meeting great individuals who have mentored me. I have great respect and admiration for the individuals who volunteer in helping others who are in need in all walks of life. After my retirement, I was looking for an organization where I could give back and help those in need within the community and RSVP became my easy choice. I hope to leverage the years of my experience with the RSVP council and help those in need in the community."

In addition to taking over as chair of the RSVP Advisory Council in 2017, Moorthy also volunteers as a tutor with Literacy New Jersey, Burlington County Programs and with the Rowan College at Burlington County Tutoring Center.

RSVP

needs people to fill a variety of volunteer opportunities.

Contact us for a personal interview. We will match your past experience, interests, and talents with the best opportunity for you!

For more information and to volunteer: Email: rsvpoff@rcbc.edu

Website: rcbc.edu/RSVP or Call: (609) 894-9311, ext. 1583

